

## CONSCIOUS ELDERING

**Aging with Intention and Passion**

**May 31–June 2, 2019**

**Saint Meinrad Archabbey  
Retreat Center  
St. Meinrad, Indiana  
(an hour from Louisville, KY)**



There is a profound difference between becoming old and aging consciously. This retreat is for people over 50 who anticipate their later years as a deepening life stage of growth, purpose and service. It will provide a dynamic experiential introduction to conscious aging and the inner work vital to the emotional and spiritual growth and development of an engaged elder.

**Conscious Eldering: Aging with Intention and Passion** weaves together a powerful set of processes – including life review work, exploration of legacy, ceremony and reflective time outdoors. This retreat will help you identify and release old patterns and identifications that no longer serve you and open you to new possibilities for your life.



### TO REGISTER

Your non-refundable deposit of **\$100** reserves your place.

Final payment due  
**April 30, 2019**

*(non-refundable after this date)*

Send check (*made out to "Center for Conscious Eldering" along with name, address, phone # and e-mail*)

to **Emma Borders**  
142 N. Galt Avenue  
Louisville, KY 40206

**Presented by Ron Pevny of the Center for Conscious Eldering**



Ron Pevny is founder and director of the Colorado-based Center for Conscious Eldering. He is a long-time rite of passage guide, certified Sage-ing® leader, and

host of the Shift Network's "Transforming Aging" Summits. He is author of the book *Conscious Living, Conscious Aging: Embrace and Savor Your Next Chapter*. Ron is dedicated to assisting people in negotiating life transitions and creating lives of purpose and passion.

To learn more about Ron's work, go to [www.centerforconsciouseldering.com](http://www.centerforconsciouseldering.com)

### SCHEDULE

Friday, May 31, 4:00 – 8:30 pm  
Saturday, June 1, 9:00 am – 8:30 pm  
Sunday, June 2, 9:00 am – 1:00 pm

### LOCATION

Saint Meinrad Archabbey  
200 Hill Drive  
St. Meinrad, IN 47577  
[www.saintmeinrad.org](http://www.saintmeinrad.org)

### COST

**\$495** single occupancy lodging with private bath and all meals  
**\$440** double occupancy lodging with private bath and all meals

**Questions?** Contact **Emma Borders** at  
(502) 817-0975 or [e.borders@icloud.com](mailto:e.borders@icloud.com)